



Entertainer, Actor, Entrepreneur & Mensch

## Ralf Moeller

Ralf Moeller – The American Dream: From Recklinghausen to Hollywood. Hollywood star Ralf Moeller began his bodybuilding career at the age of 17 and won numerous titles: German Champion in 1984 and Mr. Universe in 1986. Hard training, high goals coupled with a healthy lifestyle were the key factors in his success. In June 1989, Moeller ended his career as a bodybuilder to devote himself to his acting career. His film career began in 1989 with Cyborg. This was followed by films and blockbusters such as Ridley Scott's Gladiator and The Tourist with Angelina Jolie and Johnny Depp. Ralf Moeller...

### Topics

- Burnout / Resilience / Mental Health
- Career / Profiling
- Change Management
- Education
- Healthcare
- Leadership 4.0
- Motivation / Strategy
- Society

### Languages

- English
- German

### Details & contact information

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