



Human-First Leadership Strategist – CEO of Be Human First Ltd.

Jaz Ampaw-Farr

Jaz Ampaw-Farr is an expert in human-first leadership, resilience, and courageous self-leadership. Jaz Ampaw-Farr is one of the most inspiring speakers in the UK—distinguished, energetic, and deeply moving. As a strategist for human-centered leadership, resilience advocate, and world-class reframing expert, she is in international demand when it comes to transforming mindsets and empowering people. Her special gift: she helps teams and leaders reinterpret their personal and professional histories and transform them into real power to act. What makes Jaz special is her radically human approach. She shows how genuine connection, vulnerability, and clarity are the foundation for sustainable success—especially in...



Topics

- Body Language
- Burnout / Resilience / Mental Health
- Career / Profiling
- Change Management
- Diversity & Inclusion
- Humanity
- Humour
- Leadership 4.0

Languages

- English

Details & contact information

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