



Expert in Transformation, Authenticity & Mental Health

## Patricia Franke

Patricia Franke is an expert in transformation, authenticity and mental health. In her talks and workshops, she discusses emotional freedom, mental clarity and transformation in business. She tackles the very area where others get lost in mindset workshops: the subconscious. Clear, charming, provocative – and demonstrably effective. Patricia Franke: “You don’t need a new goal. You need the truth about yourself.” She revolutionises the way we deal with mental blocks where others merely scratch the surface. Her method is a high-performance mental tool that releases deep-seated emotional blocks in minutes rather than months – without motivational fluff, feel-good rhetoric or...



### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Coach
- Healthcare
- Leadership 4.0
- Lifestyle
- Motivation / Strategy
- Work-Life-Balance

### Languages

- English
- German

### Details & contact information

**Phone** 1 (704) 804 1054  
**Email address** patricia.franke@premium-speakers.com  
**Short link** <https://premium-speakers.com/en/?p=112182>