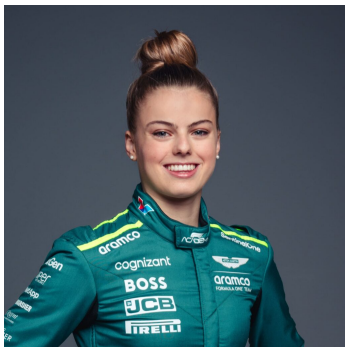

Swiss racing driver

Tina Hausmann

Tina Hausmann – Racing driver & Speaker of a new generation Tina Hausmann is one of the most promising talents in international motorsport. As a racing driver in the F1 Academy for the Aston Martin Aramco Formula One Team, she inspires with her precision, courage and stamina – both on the track and on stage. In her lectures, she talks about mental strength, goal orientation and self-management in high-performance situations. She embodies a new generation of young female athletes: ambitious, disciplined and authentic. Tina Hausmann Lecture topics On the ideal line – focus as the most powerful tool in success…

Topics

- Burnout / Resilience / Mental Health
- Career / Profiling
- Diversity & Inclusion
- Extreme Sports
- Motivation / Strategy
- Motorsports
- Team Sport

Languages

- English
- German

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