

Three-time Olympic luge champion

Johannes Ludwig

Johannes Ludwig – Olympic champion & top athlete, luge expert & TV commentator, police commissioner Johannes Ludwig is one of the most successful German winter athletes of recent decades. As a three-time Olympic champion and long-time competitive luger, he knows what it means to perform under extreme pressure – and also how to grow from setbacks. Today, he shares his experiences as a sought-after speaker and TV expert – authentically, inspiringly and with a glimpse behind the scenes of top-level sport. Lecture topics by Johannes Ludwig Motivation and confidence in your own abilitiesHow to believe in yourself – even when…

Topics

- Motivation
- Online Speakers
- Resilience / Mental Health
- Rhetoric / Communication
- Sports
- Team Building / Teamwork
- Time Management / Self-Leadership

Languages

- German

Details & contact information

Phone	1 (704) 804 1054
Email address	johannes.ludwig@premium-speakers.com
Short link	https://premium-speakers.com/en/?p=113941