

Expert in moderne Leadership & Growth Mindset

Zoe Fragou

Zoe Fragou: "The balance in people`s inner identities fight toxic work cultures." Zoe Fragou is an organisational psychologist with an MSc in Human Resources Management. She is a licensed clinical psychologist, holds a diploma in business coaching and mentoring, and has a certificate in agile leadership. She is currently pursuing her Ph.D. at the EU Business School as part of a prestigious fellowship; her research focuses on the impact of AI in the workplace on our mental health and behavior within organizations. Zoe Fragou is an award-winning business coach and leads global projects in cultural transformation, employee training and public...

Topics

Change Management · Crisis Management · Diversity / Inclusion · Health / Nutrition · Leadership · Lifestyle / Longevity · Motivation · Online Speakers

Languages

English · Greek

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