

Two-Times Cancer Survivor, Expert for Mental Health Mindset & Resilience

Olaf Dupke

Olaf Dupke, born in Lübeck, brings more than 26 years of experience in sales and human resources within international hospitality. His career across Germany, Austria, and Switzerland was marked not only by professional excellence in leadership, employee development, and strategic sales, but also by a deep commitment to humanity and values in everyday business life. In 2021 and again in 2025, life confronted him with two cancer diagnoses that profoundly reshaped his perspective. Rather than stepping back, Olaf chose to realign his path. He discovered that resilience is not only a personal strength but also a strategic resource for organizations…

Topics

- Change Management
- Health / Nutrition
- Leadership
- Lifestyle / Longevity
- Motivation
- New Work
- Resilience / Mental Health
- Society

Languages

- English
- German

Details & contact information

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