



Improvisation expert & Storyteller

## Brandon Gibson

**Brandon Gibson: From Improv to Impact – Creativity, Courage & Adaptability**  
Brandon Gibson grew up in Memphis, Tennessee, in an environment shaped by strict discipline, strong religious values and a limited view of the world beyond his immediate surroundings. When his family went through a divorce, his life changed abruptly. He found himself navigating one of the city's most challenging public school systems, surrounded by instability, gangs and constant pressure to adapt. In the middle of that chaos, Brandon discovered an unexpected survival tool: humor. By leaning into laughter, he learned how to defuse tension, connect with others and carve...

### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Humour
- Motivation / Strategy
- Music / Art
- Next Generation
- Rhetoric / Communication

### Languages

- English

### Details & contact information

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