



Actress, Personal Development Coach, Author

Marie Bäumer is one of Germany's most renowned actresses and has been captivating audiences for decades with award-winning roles in theater, film, and television. As an author and advocate for personal freedom, she now extends her artistic experience far beyond the stage: Using a method she developed herself, she guides people in finding inner clarity, realizing their visions, and developing the courage for genuine change. As the founder of ESCAPADE Marie Bäumer, Marie combines the power of the body with mental and emotional intelligence. Drawing on her many years of experience as an actress and acting instructor, she has developed...



### Topics

- Body Language
- Branding
- Burnout / Resilience / Mental Health
- Change Management
- Influencer Marketing
- Leadership 4.0
- Lifestyle
- Motivation / Strategy

### Languages

- English
- French
- German
- Italian

### Details & contact information

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