



Expert on inner well-being & the art of letting go, Skijump-World-Champion

Gregor Schlierenzauer

Gregor Schlierenzauer: Building Motivation, Peak Performance, and Lasting Success—From World-Class Ski Jumper to Inspiring Keynote Speaker. Gregor Schlierenzauer is one of the most successful ski jumpers of all time. With an Olympic gold medal, six world championship titles, two overall World Cup titles, two victories in the Four Hills Tournament, and 53 World Cup wins, he made sports history. Today, as a keynote speaker, he shares his experiences with companies, executives, and teams, impressively demonstrating how sustainable success is achieved through discipline, mental strength, and continuous self-improvement. Yet his greatest insight did not come from winning, but from asking what...

Topics

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Leadership 4.0
- Motivation / Strategy
- Workplace / Working Model / New Work

Languages

- English
- German

Details & contact information

Phone +1 (704) 804 1054
Email address gregor.schlierenzauer@premium-speakers.com
Short link <https://premium-speakers.com/en/?p=128414>