



Olympic & World Champion, Expert in Resilience, Mental Strength & Sustainable Performance

Carlo Janka

Carlo Janka is one of the most successful Swiss alpine ski racers of his generation. The native of Graubünden won the giant slalom world title and the downhill bronze medal at the 2009 World Championships in Val d'Isère. One year later, he became Olympic giant slalom champion in Vancouver and won the overall World Cup title. With eleven World Cup victories, he left a lasting mark on Swiss ski racing. His outstanding achievements include winning the legendary Lauberhorn downhill and claiming three World Cup victories in a single weekend in Beaver Creek. On the slopes, Carlo Janka became known as...

Topics

- Burnout / Resilience / Mental Health
- Career / Profiling
- Coach
- Crisis Management
- Extreme Sports
- Lifestyle
- Motivation / Strategy
- Storytelling

Languages

- English
- German

Details & contact information

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