





Athlethics & Expert Motivation & Willpower

## **Edith Hunkeler**

Edith Hunkeler (1972) grew up in the Swiss Mittelland and finished an apprenticeship as a commercial employee. On 22.02.94 Edith Hunkeler's life took a momentous turn. On her way to work she had a car accident and became paralyzed. After her rehabilitation in different hospitals and in the Swiss Paraplegic Center in Nottwil, a new life began for her. Edith Hunkeler Lecture topics Willpower: Victory on two wheels Motivation: Get up! Border blaster – If I can do it, so can you. At the beginning of January 1996 she traveled to Florida for 5 months to learn the English language....

## **Topics**

- Athletics
- Burnout / Resilience / Mental Health
- Diversity & Inclusion
- Event / Happening
- Motivation / Strategy

## Languages

German

## **Details & contact information**

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