



Expert in Change Management, Motivation, Leadership & Business Energy.

## Slatco Sterzenbach

### Slatco Sterzenbach: Change als Chance.

Slatco Sterzenbach. Extreme athlete. World record holder. 17-time IRONMAN. 2-time bestselling author. Motivational coach. Slatco originally studied as a registered nurse and then began to work in a health care center. He quickly realized that it was already too late to help many of the people he saw. For this reason,...

### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Event / Happening
- Extreme Sports
- Motivation / Strategy
- Work-Life-Balance

### Languages

- English
- German

### Details & contact information

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