



Expert on Leadership, Motivation & Leading Simple

## Boris Grundl

Boris Grundl is young, sporty and a sunny boy who loves success. He lives life to the full – tennis, diving, skiing and skydiving. He is a border crosser in search of the next kick. One day Boris Grundl jumps off a cliff for the last time in his life... This is a true success story, a prime example of lived resilience. It begins when Boris Grundl had lost just about everything. 90 percent of his muscles were paralyzed after a fall. Sport, career, relationship, future – lost. Life as he had lived it is over. Instead: Rehab, wheelchair, social...

### Topics

- Change Management
- Motivation / Strategy
- Rhetoric / Communication
- Work-Life-Balance

### Languages

- English
- German

### Details & contact information

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