



The Health Philosopher

Marcus Lauk

Marcus Lauk – Old as the hills and in rude health – living a fulfilled life for 100 years.

Marcus Lauk – The Health Philosopher. Old as the hills and in rude health – living a fulfilled life for 100 years. Marcus Lauk, born in 1974, is a travelling explorer for health, author, tutor and speaker. He studied nutrition science as well as prevention & health management. Since 2006...



Topics

- Lifestyle

Languages

- English
- German

Details & contact information

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