



The Health Philosopher

## Marcus Lauk

**Marcus Lauk – Old as the hills and in rude health – living a fulfilled life for 100 years.**

Marcus Lauk – The Health Philosopher Old as the hills and in rude health – living a fulfilled life for 100 years Marcus Lauk, born in 1974, is a travelling explorer for health, author, tutor and speaker. He studied nutrition science as well as prevention & health management. Since 2006...



### Topics

- Lifestyle

### Languages

- English
- German

### Details & contact information

**Phone** +1 (704) 804 1054  
**Email address** marcus.lauk@premium-speakers.com  
**Short link** <https://premium-speakers.com/en/?p=51668>