



Top Speaker about Discipline, Perseverance & Balance

Marc Gassert

Marc Gassert – The blonde Shaolin

Marc Gassert spent a large part of his life in different cultures on different continents and learned Asian martial arts from renowned grandmasters. Today he holds master degrees (black belts) in Karate, Taekwondo and Shaolin Kung Fu. Marc Gassert studied Communication Science and Intercultural Communication in Munich and Japanese Studies...



Topics

- Burnout / Resilience / Mental Health
- Lifestyle
- Motivation / Strategy

Languages

- English
- French
- German
- Italian
- Japanese
- Spanish

Details & contact information

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