



Freediver & Author, Risk & Stress Management

Herbert Nitsch

Herbert Nitsch: "Each time I think I've reached a limit...there is a door...it opens...and the limit is gone." Herbert Nitsch is the current freediving world record holder and "the Deepest Man on Earth". This prestigious title was given to him when he then set the world record for freediving at an incredible depth of 214 meters (702 feet) in 2007 in the No Limit discipline. Lectures // Topics // Take Always Herbert lectures world wide for a variety of audiences, corporate venues and for industry leaders. They include exciting audio visuals and videos. His lectures and lecture durations are always adapted...



Topics

- Burnout / Resilience / Mental Health
- Event / Happening
- Extreme Sports
- Motivation / Strategy

Languages

- English
- German

Details & contact information

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