



Extreme Athlete, Motivation & Willpower

Wolfgang Fasching

Wolfgang Fasching is one of the most successful extreme athletes in the world. He attributes his outstanding achievements as a cyclist and mountaineer to more than just physical strength. Fasching has competed eight times in Race Across America (RAAM), the longest and toughest cycle race from the west to the east coast of America, finishing on the podium eight times and winning the race three times. In 2001, Wolfgang Fasching became the 13th Austrian to stand on the summit of Mount Everest. With his ascent of Carstensz Pyramid in West Papua, Wolfgang Fasching completed the Seven Summits project, climbing the...

Topics

- Burnout / Resilience / Mental Health
- Cycling
- Extreme Sports
- Lifestyle
- Motivation / Strategy
- Rhetoric / Communication

Languages

- English
- German

Details & contact information

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