

A strong personality leads to great success

Lukas Christen

Lukas Christen, born 1966, was raised and rooted in the central of Switzerland. His plans to become a sport professional were destroyed by a motor bike crash when he was 21. During the following crises, he discovered what immense Resources and Potentials a human being carries inside. With the “Turn Around Management“, he went through, he put himself back on track of success. On one side, he studied then economics. On the other, he built up a world carrier in handicap sports. In sprint and long jump (cat. above knee amputees), he set new benchmarks and standards. He remained unbeaten…

Topics

- Change Management
- Crisis Management
- Motivation
- Resilience / Mental Health
- Rhetoric / Communication
- Sports
- Time Management / Self-Leadership
- Trainers / Workshops

Languages

- English
- German

Details & contact information

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