





A strong personality leads to great success

## **Lukas Christen**

Lukas Christen, born 1966, was raised and rooted in the central of Switzerland. His plans to become a sport professional were destroyed by a motor bike crash when he was 21. During the following crises, he discovered what immense Resources and Potentials a human being carries inside. With the "Turn Around Management", he went through, he put himself back on track of success. On one side, he studied then economics. On the other, he built up a world carrier in handicap sports. In sprint and long jump (cat. above knee amputees), he set new benchmarks and standards. He remained unbeaten...

## **Topics**

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Event / Happening
- Motivation / Strategy
- Work-Life-Balance

## Languages

- English
- German

## **Details & contact information**

**Phone** +1 (704) 804 1054

Email address lukas.christen@premium-speakers.com

Short link https://premium-speakers.com/en/?p=51938