

Power Your Life!

Michael Spitzbart

Dr. Michael Spitzbart is an Expert for Health and Prevention. After studying medicine in the USA and at various German universities, Dr. Michael Spitzbart completed a lengthy residency in surgery before training in urology at Nuremberg Hospital. He specializes in acupuncture (especially for nicotine withdrawal), as well as preventative and orthomolecular medicine, and today heads Germany's first medical practice for the healthy. Dr. Spitzbart is one of the most highly recognized health experts in Europe and an internationally sought-after speaker on stress management in executive roles. He has delivered well over 1000 lectures at congresses, conventions and symposia. Prestigious corporations...

Topics

Health / Nutrition · Motivation · Resilience / Mental Health

Languages

German

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