



Medical doctor, author and Internet-Doc Specialist for internal medicine and cardiology,  
Internet-Doctor "Dr. Heart"

## Stefan Waller

Dr. Stefan Waller is a medical doctor, specialized in internal medicine and cardiology and "internet-doc" by passion. During his medical career he not only performed a lot of cardiac catheter examinations but furthermore experienced the limitations of our medical system, which focusses too much on "repairing" rather than preventing disease. Dr. Stefan Waller aka "Dr. Heart" Dr. Stefan Waller counters this trend: In short and easy understandable videoclips, without complicated medical terms he spreads valuable information about the big blog busters of heart disease and about a „heart-healthy-lifestyle“ via his Dr. Heart-website, his youtube-channel, on facebook or at last with...

### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Healthcare
- Lifestyle

### Languages

- English
- German

### Details & contact information

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