



Musician and Founder Drum Cafe Germany

## Matthias Jackel

For most people making music is considered an exercise in excellence. But it is rather an exercise in mindfulness. And so it is with life: Our society and economy has done it for long – and is increasingly doing it – to put down a mindful living in the present moment to the benefit of a sheer exercise in excellence. This is where Matthias Jackel comes in. Matthias Jackel lecture topics: The rhythm of success – the rhythm of life How to release unexpected energies and bring about lasting success How to get people to “fly” How to make community...



### Topics

- Education
- Humanity
- Leadership 4.0
- Lifestyle
- Music / Art
- Society
- Workplace / Working Model / New Work

### Languages

- English
- German

### Details & contact information

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