



Speaker and passionate mental coach with efficient techniques from kinesiology

Marcus Kerti

His main theme is emotions and their effects on our performance, recovery, rehabilitation and health.

In his lectures, seminars and workshops, he uses his own experience and knowledge as a competitive athlete in ice hockey and sales to impart practical ideas. First and foremost is the trust that people and companies have given him in various roles for 20 years. In which Marcus Kerti gives...



Topics

- Aviator
- Ball Sports
- Body Language
- Burnout / Resilience / Mental Health
- Career / Profiling
- Change Management
- Coach
- Crisis Management

Languages

- English
- German

Details & contact information

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