



Germany's leading fitness & health expert

## Dieter Grabbe

**Dieter Grabbe stands for new and successful, as well as ad-effective concepts and campaigns on the topics of health, nutrition, fitness, recreation and performance.**

Health is our most important asset. Cultivating this value and constantly raising awareness is the central theme of Dieter Grabbe's work. With his INSTITUT for fitness & health (since 2009 in Prien am Chiemsee), he has been pursuing this goal in new and unusual ways for more than two decades....

### Topics

- Burnout / Resilience / Mental Health
- Coach
- Cycling
- Healthcare

### Languages

- German

### Details & contact information

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