



Germany's leading fitness & health expert

Dieter Grabbe

Dieter Grabbe stands for new and successful, as well as ad-effective concepts and campaigns on the topics of health, nutrition, fitness, recreation and performance.

Health is our most important asset. Cultivating this value and constantly raising awareness is the central theme of Dieter Grabbe's work. With his INSTITUT for fitness & health (since 2009 in Prien am Chiemsee), he has been pursuing this goal in new and unusual ways for more than two decades....

Topics

- Burnout / Resilience / Mental Health
- Coach
- Cycling
- Healthcare

Languages

- German

Details & contact information

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