



Ultratrail runner and graduated Sports Scientist with a Master in Sport-Psychology and Sports - Rehabilitation of the German Sports University Cologne

Anne-Marie Flammersfeld

In 2012 she won as the first woman ever the famous and well-known Extreme Ultrarunning Event „Racing The Planet 4 Deserts“.

Therefore Anne-Marie Flammersfeld ran 1000 kilometers through the driest (Atacama), windiest (Gobi), hottest (Sahara) and coldest (Antarctica) desert on earth. Each race of this multi-stage-event had a distance of 250 kilometers. Since then she has been constantly looking for new sporting challenges in competition and in her own projects. Since...

Topics

- Athletics
- Coach
- Extreme Sports
- Motivation / Strategy
- Storytelling

Languages

- English
- German

Details & contact information

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