



Ultratrail Runner & Sports Scientist

Anne-Marie Flammersfeld

In 2012 she won as the first woman ever the famous and well-known Extreme Ultrarunning Event „Racing The Planet 4 Deserts“.

Anne-Marie Flammersfeld has a degree in sports science and has been a very successful participant in international ultra trail running competitions and stage races since 2012. She ran 1000 kilometers through the driest (Atacama), windiest (Gobi), hottest (Sahara) and coldest (Antarctica) deserts in the world. Since then, Flammersfeld has been...

Topics

- Athletics
- Coach
- Extreme Sports
- Motivation / Strategy
- Storytelling

Languages

- English
- German

Details & contact information

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