



Speaker, Coach, High-Performance Philosopher, Mind-Power, Success, Fulfillment, Personal Excellence, Leadership

## Diego De Nicola

**Diego De Nicola ist ein praktischer Philosoph und international anerkannter Referent. Er ist Experte fu?r Mind-Power, Performance, Erf?llung und innere St?rke; kurz gesagt «High-Performance Philosophie».**

Diego De Nicola is a Swiss, Italian and Dutch national, who speaks seven languages and studied Economics and Philosophy at Stanford and Arizona State University. He was born in Zurich, Switzerland growing up in the Swiss-German region and later on in the Italian part, before moving to the USA. After...

### Topics

- Burnout / Resilience / Mental Health
- Extreme Sports
- Motivation / Strategy
- Rhetoric / Communication
- Team Sport
- Work-Life-Balance

### Languages

- English
- German
- Italian

### Details & contact information

**Phone** +1 (704) 804 1054  
**Email address** [diego-de-nicola@premium-speakers.com](mailto:diego-de-nicola@premium-speakers.com)  
**Short link** <https://premium-speakers.com/en/?p=52270>