



Handbike athlete, Para-Cycling, Paralympics, Speaker

Sandra Stöckli

Sandra Stöckli is a Swiss handbike athlete from Rapperswil-Jona. In 2000, she suffered an accident that left her paraplegic. But instead of letting this stroke of fate slow her down, she found her passion in para-cycling and established herself on the international scene. She has been infected by the cycling virus since 2013 and is pursuing ambitious goals. In addition to competitions, she is also fascinated by unusual cycling projects, such as pre-season preparation in Dubai, a cycle tour across Oman or a ride over the Stelvio Pass. With her mental strength, determination and passion, she has established herself as...

Topics

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Cycling
- Event / Happening
- Extreme Sports
- Leadership 4.0
- Motivation / Strategy

Languages

- German

Details & contact information

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