



Pilot, Expert in Risk-Management, Communication & Leadership

## Esther Zwygart

### Ready for Take-Off? Or – How do you prepare your everyday life in the company?

Esther Zwygart – Pilot with passion. Esther Zwygart loves flying. And working with her teams – both in the cockpit and with the cabin crew. Esther Zwygart is very familiar with communication and leadership tasks, and she always has to give clear and specific instructions, even in stressful situations. The...



### Topics

- Aviator
- Burnout / Resilience / Mental Health
- Leadership 4.0
- Motivation / Strategy
- Work-Life-Balance

### Languages

- English
- German

### Details & contact information

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