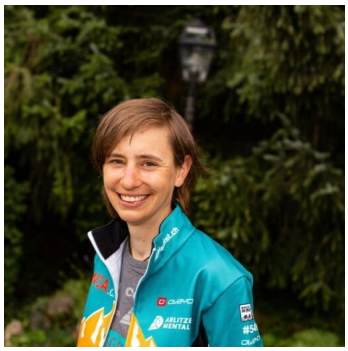


Ultra cyclist

Nicole Reist

Nicole Reist, born 1984, is a certified technician HF structural engineering. Her hobbies are cycling, cycling and cycling. So passionate that she likes to sit in the saddle for several hundred kilometers, even over 1,000, non-stop. She rode the special discipline ultracycling. These are long-distance races of 1,000 kilometers and more. She was the most successful athlete worldwide. Nicole Reist was the world's best ultra-cyclist. Nicole Reist regularly talks about her passion for ultracycling and what it takes to be so successful in this sport. Her lectures and workshops go into the areas of motivation, discipline and time management. Lecture…

Topics

- Exclusive at Premium Speakers
- Extreme Sports / Adventure
- Health / Nutrition
- Sports
- Team Building / Teamwork

Languages

- German

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