



Coach, mindfulness trainer, business psychologist and expert for change management and new work

## Svenja Mennerich

Svenja Mennerich is an expert in the fields of positive psychology and business psychology. Her passion and expertise lie in promoting humanity in the workplace and strengthening mental health. Industry 4.0 is contributing to an epochal change. Likewise Corona. By networking the entire socio-technical system and artificial intelligence, in which machines, people and processes are connected and information is exchanged in real time, we are in the midst of a transformation that will enable us to experience a complexity of innovations and options in almost all areas of life that have never been seen before on this scale. Svenja Mennerich:...

### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Global Trends
- Leadership 4.0
- Work-Life-Balance

### Languages

- English
- German

### Details & contact information

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