



Adventurer, Extreme Athlete - Expert Resilience, Motivation & Reaching Goals

## Anja Blacha

Anja Blacha: "I'm going to push myself to the limit to show everyone that there are no limits." Anja Blacha is an extreme athlete and world record holder. In 58 days, she ran 1,400 km alone from the Antarctic coast to the South Pole – the longest "solo, unsupported, unassisted" polar expedition by a woman in history. Upon reaching her destination, she raised her flag bearing the message "NOT BAD FOR A GIRL". She became the fifth woman in the world (or third, according to Eberhard Jurgalski's True Summit classification) to climb thirteen of the fourteen 8,000-metre peaks without bottled...

### Topics

- Change Management
- Event / Happening
- Extreme Sports
- Leadership 4.0
- Motivation / Strategy

### Languages

- English
- German

### Details & contact information

**Phone** 1 (704) 804 1054  
**Email address** [anja.blacha@premium-speakers.com](mailto:anja.blacha@premium-speakers.com)  
**Short link** <https://premium-speakers.com/en/?p=52346>