





Poet, Communication trainer, Motivational speaker

Markus Milla Zuefle

Markus Milla Zuefle is almost everything except 'ordinary'. For a long time, however, this did not mean good things for the Munich native! Before he could call himself a speaker, author or communication trainer for people with speech inhibition, it was a challenging path between chronic pain and active mental exercise; between monosyllabic shyness and musical-poetic stage performances; between Realschule failure and Bavaria's best Abitur. With hat as trademark, stuttering as past and high sensitivity as ever-present companion, he now leads people with speech anxiety or speech disorder into an expressive and self-confident future! Markus Milla Zuefle – possible lecture...

Topics

- Body Language
- Burnout / Resilience / Mental Health
- Music / Art
- Next Generation
- Rhetoric / Communication
- Work-Life-Balance

Languages

- English
- German

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