



Professional Cyclist, World Record Holder, TEDx Speaker & Author

Monika Sattler

Monika Sattler – Achieve the seemingly impossible! What does it mean to overcome boundaries, step out of your comfort zone and pluck up the courage to take on big challenges? 1368 km, 56000 metres in altitude, 124 passes, 26 days. Monika Sattler's second cycling record. But the numbers represent far more than just a sporting goal. It was about implementing an idea in the shortest possible time, finding sponsors, building a team of five people, and managing the organisation and logistics. And then there was also training for the bike record! In these times of constant change, pressure and stress,...



Topics

- Change Management
- Cycling
- Diversity & Inclusion
- Extreme Sports
- Leadership 4.0
- Lifestyle
- Motivation / Strategy
- Work-Life-Balance

Languages

- English
- German

Details & contact information

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