





Expert for unlocking potential & peak performance & out of comfort zone

Deniz Kayadelen

Leaving your comfort zone and testing your limits: Deniz Kayadelen knows all about that. As a world record holder and extreme swimmer, she continually steps out of her comfort zone in remarkable ways. She is also a business psychologist and ICF-certified coach who has developed her own company, Out of Comfort Zone. Deniz Kayadelen holds an M.Sc. in business psychology and has over 12 years of experience as a consultant in talent management and unlocking potential. At the same time, she has more than 20 years as an extreme swimmer and a swimming champion, with numerous national and international awards....

Topics

- Career / Profiling
- Change Management
- Diversity & Inclusion
- Extreme Sports
- Innovations
- Leadership 4.0
- Lifestyle
- Motivation / Strategy

Languages

- English
- German
- Türkisch

Details & contact information

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