



Expert in Change Management, Talent Management & New Work

## Deniz Kayadelen

Leaving your comfort zone and testing your limits: Deniz Kayadelen knows all about that. As a world record holder and extreme swimmer, she continually steps out of her comfort zone in remarkable ways. She is also a business psychologist and ICF-certified coach who has developed her own company, Out of Comfort Zone. Deniz Kayadelen holds an M.Sc. in business psychology and has over 12 years of experience as a consultant in talent management and unlocking potential. At the same time, she has more than 20 years as an extreme swimmer and a swimming champion, with numerous national and international awards....

### Topics

- Change Management
- Digital Transformation / Digital Disruption
- Extreme Sports
- Industry 4.0
- Innovations
- Motivation / Strategy
- Rhetoric / Communication
- Team Sport

### Languages

- English
- German
- Türkisch

### Details & contact information

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