



Expert for leadership training, author and co-author, life coach

Niklas Jost

“Having protective boundaries in place is essential to life and certainly to survival, as they determine whether or not you achieve success.” – Niklas Jost also had to learn this lesson first. He started his career as a fitness and personal trainer. As a student of sports science, Niklas Jost was responsible for managing bungee events in Austria’s largest event agency throughout Germany. In numbers, that meant 5 years of responsibility for several thousand jumpers and hundreds of animation team stunt jumps. So it was always a matter of life and death. And about savoring the success in the incomparable...



Topics

- Change Management
- Education
- Leadership 4.0
- Motivation / Strategy
- Workplace / Working Model / New Work

Languages

- English
- German

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