



Brain Health Expert, Neurologist, Neuroscientist, Author

Prof. Dr. med. Volker Busch

After brief excursions into the world of music, Volker Busch decided to study medicine in the early 1990s. Head and mind soon set the tone: He found the brain more exciting than the ankle. Volker Busch became a specialist in neurology, and later also a specialist in psychiatry and psychotherapy. He soon had the impression that today's medicine sees too much of the pathological. At a relatively early stage, he was much more interested in what makes people healthy instead of sick. Health prevention and performance maintenance became his passion: What keeps the brain in top form? What makes people...

Topics

- Burnout / Resilience / Mental Health
- Change Management
- Lifestyle
- Motivation / Strategy
- Neuromarketing / Brain Research
- Work-Life-Balance

Languages

- German

Details & contact information

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