



Brain Health Expert, Neurologist, Neuroscientist, Author

## Prof. Dr. med. Volker Busch

After brief excursions into the world of music, Volker Busch decided to study medicine in the early 1990s. Head and mind soon set the tone: He found the brain more exciting than the ankle. Volker Busch became a specialist in neurology, and later also a specialist in psychiatry and psychotherapy. He soon had the impression that today's medicine sees too much of the pathological. At a relatively early stage, he was much more interested in what makes people healthy instead of sick. Health prevention and performance maintenance became his passion: What keeps the brain in top form? What makes people...

### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Lifestyle
- Motivation / Strategy
- Neuromarketing / Brain Research
- Work-Life-Balance

### Languages

- German

### Details & contact information

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