





Extreme Mountaineer, Adventurer & Speed climber

## **Dani Arnold**

Dani Arnold has been living his passion for more than 20 years: extreme mountaineering. Expeditions all over the world have taken him to challenging routes in rock and ice. Speed records on all the great north faces of Europe... The combination of speed and complexity appeals to him. Dani Arnold is one of the best and most experienced mountaineers in the world. His charisma and wealth of experience are unique and the perspectives he has gained are captivating. He has learned many instructive lessons on his expeditions, the essence of which he shares with his listeners in an exciting way....

## **Topics**

- Burnout / Resilience / Mental Health
- Crisis Management
- Extreme Sports
- Leadership 4.0
- Lifestyle
- Motivation / Strategy
- Society
- Team Sport

## Languages

- English
- German

## **Details & contact information**

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