

Expert on Innovation, Creativity explorer & Book author

Fredrik Haren

Fredrik Haren is The Creativity Explorer, a global keynote speaker on Business Creativity, Innovation and Change. He has delivered over 2,000 presentations, lectures and workshops in over 75 countries on 6 continents and has inspired over a million people from the stage to become more creative and to look at the world in a new way. He celebrated 25 years as a professional speaker in year 2025 and spoke in 19 countries on 4 continents in 2025 alone. He is the author of ten books, including “The Idea Book” which was included in “The 100 Best Business Books of All…

Topics

- Change Management
- Crisis Management
- Extreme Sports / Adventure
- Generations
- Humour / Entertainment
- Innovations / Megatrends
- Motivation
- Society

Languages

- English
- Swedish

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