



Expert on Change, Diversity & Motivation, Author & Consultant

Sebastian Wächter

Sebastian Wächter: Barrier-free in the head & Changing Mindset – this is how Change works! One second, one wrong decision while hiking. Broken neck. Diagnosis: cross-section of the cervical vertebrae. 95% of the muscles are paralysed, forever. The most radical change ever. Sebastian Wächter overcomes this blow of fate. He becomes a Bundesliga player in wheelchair rugby, graduates with a Master's degree in business mathematics and becomes a stock analyst in a private bank. Sebastian Wächter not only talks about change, but has experienced and mastered it himself. He now helps well-known small and medium-sized companies as well as international...

Topics

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Diversity & Inclusion
- Leadership 4.0
- Lifestyle
- Motivation / Strategy
- Society

Languages

- English
- German

Details & contact information

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