





Double Olympic champion, Nutrition expert, Ex-cross-country skier, Ex-biathlete

Evi Sachenbacher-Stehle

Double Olympic champion Evi Sachenbacher-Stehle is one of Germany's most successful cross-country skiers. At the 2002 Winter Olympics, the Traunstein native won the gold medal in the relay and the silver medal in the sprint, for which she was awarded the "Silver Laurel Leaf" by German President Johannes Rau. In addition to winning the 4×5 KM relay at the 2003 World Championships, she won four more silver medals at the 2003, 2007 and 2009 World Championships and the 2006 Winter Olympics. At the 2010 Olympics, she won the team sprint together with Claudia Nystad and took silver with...

Topics

- Burnout / Resilience / Mental Health
- Coach
- Crisis Management
- Food Trends / Future Food
- Leadership 4.0
- Motivation / Strategy
- Team Sport

Languages

- English
- German

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