





Solo Sailor, Athlete & Adventurer

## **Oliver Heer**

Professional offshore sailor Oliver Heer compete in the 2024 Vendée Globe Race. A solo, unassisted, non-stop, circumnavigation of the globe! More people have been in space than completed this lap of the planet. Oliver Heer is a successful Swiss athlete from the lake of Zurich, who, after graduating from university in International Management and a stint in the corporate sector, followed his dream to become a professional sailor and established himself at the highest level of offshore racing. He competed in some of the biggest offshore sailing events in every corner of the world. Oliver Heer Lecture topics Risk Management...

## **Topics**

- Burnout / Resilience / Mental Health
- Energy / Mobility
- Extreme Sports
- Motivation / Strategy
- Storytelling
- Sustainability / Environment
- Work-Life-Balance

## Languages

- English
- German

## **Details & contact information**

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