



Expert for Resilience & Leadership with emotions, Author, Podcaster

## Christoph Theile

Christoph Theile has been an internationally sought-after speaker, trainer, business coach and author on the topics of leadership and resilience for more than 10 years. With a degree in business mathematics, he has worked for many years in large DAX and family-run trading companies in various management positions. As an IT strategist and multi-project manager, he was responsible for the successful introduction of knowledge management in 20 countries, where he gained valuable experience of internationally managed change processes. As head of human resources development, he worked worldwide on the topics of emotional employee retention and executive development up to board...



### Topics

- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Leadership 4.0
- Motivation / Strategy

### Languages

- English
- German

### Details & contact information

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