Two-time Olympic champion in bobsleigh & Expert Resilience & Teamwork

Deborah Levi

Deborah Levi was born in Dillenburg in August 1997 and is a successful German bobsledder. However, Levi did not begin her athletic career on icy slopes, but on the athletics field. It was not until 2018 that she switched to bobsledding. As a pusher for Laura Nolte, she won her first World Cup victory in January 2020 and secured the title of European champion in 2021 and the gold medal in the two-man bobsled at the 2022 and 2026 Winter Olympics. Deborah Levi Lecture Topics Motivation & Teamwork: The path to competitive sports Victory & defeat: Dealing with setbacks Resilience…

Topics

- Athletics
- Burnout / Resilience / Mental Health
- Career / Profiling
- Motivation / Strategy
- Team Sport

Languages

- German

Details & contact information

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