



Expert in self-development, cognitive flexibility, problem-solving and error culture, as well as strengthening willpower and self-discipline

## Michael Langheinrich

Michael Langheinrich is on stage as a speaker and coach for cognitive flexibility, mental strength and willpower, decision-making processes and error culture. For more than a quarter of a century, he has supported and accompanied people to make them stronger and better in their professional lives, in their everyday lives and for their individual ideas and desires, so that they can realise their life journey unhindered. Michael Langheinrich accompanies organisations, teams, entrepreneurs and self-employed people to achieve their personal best, helps to recognise and overcome problems, achieve results and overcome crises. In doing so, he shares his experiences from life...

### Topics

- Burnout / Resilience / Mental Health
- Career / Profiling
- Change Management
- Crisis Management
- Education
- Motivation / Strategy
- Neuromarketing / Brain Research
- Sales Professionals

### Languages

- German

### Details & contact information

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