



Professional football player FC Schalke 04

## Timo Baumgartl

Timo Baumgartl is an active German footballer who has played for VfB Stuttgart, PSV Eindhoven and 1. FC Union Berlin, among others. He is currently under contract with FC Schalke 04. Timo is a person who already has the end in mind at the beginning – for this reason he decided to study psychology alongside his profession as a professional footballer. At the same time, Timo Baumgartl has always been involved in the business world and has already started one or the other project in the form of investments, etc. Timo Baumgartl lecture topics  
Performance pressure in sport Dealing with...



### Topics

- Ball Sports
- Branding
- Burnout / Resilience / Mental Health
- Crisis Management
- Lifestyle
- Motivation / Strategy
- Team Sport
- Work-Life-Balance

### Languages

- Dutch
- English
- German

### Details & contact information

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