

Expert on self-esteem, mental strength and motivation

Daniela Landgraf

Daniela Landgraf is presenter, keynote speaker and author. She specializes in the themes of mental strength and self-worth as a result of her own life story. She has gone through the “self-worth hell” because of her Tourette Syndrome and knows from her own experience how much self-doubt and inferiority complexes can stand in the way of happiness in life, even though the external successes seem to speak a different language. Success and money were there, but the feeling of happiness was not there. She continued in search of happiness, until she had a complete health breakdown. Her personal life journey…

Topics

- Change Management
- Finance / Stock Market
- Generations
- Leadership
- Lifestyle / Longevity
- Motivation
- Online Speakers
- Presenter / Talkmaster

Languages

- English
- German

Details & contact information

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