



Police officer & extreme athlete in extreme situations, high performance coach

Torsten Kleint

Never give up – Torsten Kleint is a police officer and extreme athlete in borderline situations. He works internationally as a high performance coach for entrepreneurs, leaders and the self-employed. As an implementation coach, he is an advocate of overcoming barriers and an expert in clarity, self-confidence, self-awareness, potential development and mental strength. His experience as a helicopter pilot, extreme paraglider and mountain guide also helps him in this. “When preparation meets opportunity, success is the result of the whole.” Torsten Kleint Lecture topic Never give up – from wheelchair to extreme athlete How to master all of life’s challenges...



Topics

- Burnout / Resilience / Mental Health
- Change Management
- Coach
- Crisis Management
- Extreme Sports
- Motivation / Strategy
- Team Sport

Languages

- German

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