



Most successful female dressage rider in the World - Olympic & World Champion

## Isabell Werth

Isabell Werth is a German dressage rider. She is a seven-time Olympic champion with a total of twelve Olympic medals (7 x gold & 5 x silver), nine-time world champion, twenty-one-time European champion and fourteen-time German champion. She is the world's most successful female rider and dressage rider. Isabell Werth competed in a senior championship for the first time in 1989 and immediately won team gold with Weingart. That was the start of an incredible career. At the age of 17, dressage trainer Dr. Uwe Schulten-Baumer discovered the talent from the Lower Rhine region. In the saddle on his horses...



### Topics

- Body Language
- Burnout / Resilience / Mental Health
- Leadership 4.0
- Lifestyle
- Motivation / Strategy
- Society
- Team Sport

### Languages

- English
- German

### Details & contact information

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