



Olympic & World Champion, Nutrition-Expert

Matthias Steiner

Matthias Steiner is an Olympic, World & European weightlifting Champion. He is also a multiple German and Austrian champion. He was awarded the title “Strongest Man in the World 2008 – 2012”. Today, Matthias Steiner is a successful food entrepreneur, author and speaker at meetings and conferences. Matthias Steiner lecture title Born in Vienna in 1982, the Austrian Matthias Steiner changed his nationality after disputes with his federation and competed for Germany at the 2008 Olympic Games in Beijing. Tearing, pushing, fight – my hard road to the top Tearing, pushing, measuring – Winning the Olympics with diabetes is no...



Topics

- Athletics
- Burnout / Resilience / Mental Health
- Change Management
- Crisis Management
- Extreme Sports
- Healthcare
- Leadership 4.0
- Lifestyle

Languages

- German

Details & contact information

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