



Global Self-leadership Expert, Coach & Author

Andrew Bryant

Andrew Bryant is a globally recognized self-leadership expert, international speaker and renowned executive coach. Born in London and currently based in Lisbon, Andrew Bryant has founded businesses in Sydney, Singapore and Dubai, giving him a truly global perspective. He is the founder of Self Leadership International and author of several influential books on leadership, including “Self Leadership: How to Become a More Successful, Efficient, and Effective Leader from the Inside Out” and “The New Leadership Playbook: Being Human Whilst Successfully Delivering Accelerated Results”. With over 25 years of experience, Andrew Bryant has worked with executives and leadership teams around the...



Topics

- Burnout / Resilience / Mental Health
- Coach
- Leadership 4.0
- Motivation / Strategy
- Work-Life-Balance

Languages

- English

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