



Global Self-leadership Expert, Coach & Author

## Andrew Bryant

Andrew Bryant is a globally recognized self-leadership expert, international speaker and renowned executive coach. Born in London and currently based in Lisbon, Andrew Bryant has founded businesses in Sydney, Singapore and Dubai, giving him a truly global perspective. He is the founder of Self Leadership International and author of several influential books on leadership, including "Self Leadership: How to Become a More Successful, Efficient, and Effective Leader from the Inside Out" and "The New Leadership Playbook: Being Human Whilst Successfully Delivering Accelerated Results". With over 25 years of experience, Andrew Bryant has worked with executives and leadership teams around the...



### Topics

- Burnout / Resilience / Mental Health
- Coach
- Leadership 4.0
- Motivation / Strategy
- Work-Life-Balance

### Languages

- English

### Details & contact information

**Phone** 1 (704) 804 1054  
**Email address** [andrew.bryant@premium-speakers.com](mailto:andrew.bryant@premium-speakers.com)  
**Short link** <https://premium-speakers.com/en/?p=95093>